



Guardian Angels
Catholic Primary School

NEWSLETTER

Friday 9th February 2024

Newsletter No. 19



Our Lady and All Saints
Catholic Multi Academy Company
Strong in Faith



Guided by the teachings of the Church we pray, work, celebrate, and care for each other and other people using the gifts we have been given by God the Father, Son and Spirit.



Mrs Milligan and Mr Spindlow's Message

It's been another wonderful half term here at Guardian Angels! We are continuously walking around our school and are so proud of the children, staff and learning environment. It's a delight to visit each class and be a part of their learning. The children at Guardian Angels always show complete engagement in their learning Year 3 were fantastic ambassadors for the school whilst taking part in their Viking workshops and it has been wonderful to invite Year 4 and 6 parents in this week for workshops.

Thank you for your continued support of the school and have a wonderful half term break. We look forward to seeing you all back to school on Tuesday 20th February.

Don't forget to look out for our fantastic reading competition starting next half term for a chance to win a Amazon Fire Tablet





This Week's Gospel - Mark 1:40-45

A man suffering from a dreaded skin disease came to Jesus, knelt down, and begged him for help. "If you want to," he said, "you can make me clean."

Jesus was filled with pity, and reached out his hand and touched him. "I do want to," he answered. "Be clean!" At once the disease left the man, and he was clean. Then Jesus spoke sternly to him and sent him away at once, after saying to him, "Listen, don't tell anyone about this. But go straight to the priest and let him examine you; then in order to prove to everyone that you are cured, offer the sacrifice that Moses ordered."

But the man went away and began to spread the news everywhere. Indeed, he talked so much that Jesus could not go into a town publicly. Instead, he stayed out in lonely places, and people came to him from everywhere.

Mass Times:

Saturdays 5pm Guardian Angels School (Vigil Mass of the Sunday)

Sundays 11am Guardian Angels School

Sundays 9am St John the Baptist Church

Virtues Award

| Year Group | Virtue Award |
|------------|--------------|
| EYFS | Aiyza |
| Year 1 | Emily |
| Year 2 | Reign |
| Year 3 | Ella f |
| Year 4 | Mateo |
| Year 5 | Emily G |
| Year 6 | Riley |

Virtues of the Half Term

Compassionate and Loving

Pupils at Guardian Angels are growing to be **compassionate** towards others, near and far, especially the less fortunate; and **loving** by their just actions and forgiving words.





Reader of the Week

Each week, we award children in each class for remarkable Reading and their dedication to Accelerated Reader Quizzes

| | |
|---------------|------------|
| EYFS | Nellie |
| Year 1 | Charlie |
| Year 2 | Millie-Mae |
| Year 3 | Delilah |
| Year 4 | Mylah |
| Year 5 | Cody |
| Year 6 | Oliver |

PE Star of the Week

| | |
|---------------|-----------|
| EYFS | Harry |
| Year 1 | Winnie |
| Year 2 | Imogen |
| Year 3 | Eden |
| Year 4 | Amelia N |
| Year 5 | Nicola |
| Year 6 | Annabella |

Star Pupils



| Year Group | | |
|---------------|--------|------------|
| EYFS | Esme | Millie |
| Year 1 | Billy | Zane |
| Year 2 | Darius | Aoife |
| Year 3 | Blake | Toby |
| Year 4 | Davian | Maisie |
| Year 5 | Kairo | Dolce |
| Year 6 | Evie | Isabella P |



Dates For Your Calendar

| Date | Event |
|-----------------|---|
| Mon 19th Feb | Inset Day - school closed for pupils |
| Tues 20th Feb | School open for all |
| Wed 21st Feb | Mass at 9:05am in the school hall - all welcome |
| Thurs 22nd Feb | Year 1 - Stay and Pray parent workshop at 2pm |
| Wed 28th Feb | Year 2 Shard End Library visit |
| Tues 5th March | EYFS Mother's Day parent workshop at 9:15am |
| Wed 6th March | Mass at 9:05am in the school hall - all welcome |
| Wed 6th March | Year 4 Shard End Library visit |
| Wed 6th March | Year 3 Holy Communion/Reconciliation parent meeting at 2:45pm |
| Thurs 7th March | WORLD BOOK DAY - pupils may dress up in their favourite costume |
| Wed 13th March | Parent Evening - further information will follow |

World Book Day



WORLD BOOK DAY

This year, we will be celebrating World Book Day on **Thursday 7th March**. Throughout the day, children will immerse into the wonderful world of reading. They will continue the celebrations during the following week with a visit from West End in Schools 'bringing books to life' through dance.





Birthday Celebration this Week and February Half Term



Billy (Year 1) and Rayan & Kairo (Year 5)

Best wishes from your Guardian Angels family

Internet Safety Day and Children's Metal Health Week

Mental health is something everyone has and it is widely recognised that a child's emotional health and well-being influences their learning as well as physical and social health and wellbeing in adulthood.

At Guardian Angels, we constantly strive to promote positive mental health and wellbeing for every child through whole school approaches, bespoke PSHE lessons and specialised approaches.

The school celebrated Children's Mental Health Week this week. Children completed activities in class and we had an assembly led by Compass Mental Health Support Team. Our intention is to further raise the profile of mental health and the need to talk, which in turn will help to end the stigma surrounding mental health.

Right of the Week

Article 13 (freedom of expression)



Sharing Thoughts Freely

Every child must be free to express their thoughts and opinions and to access all kinds of information, as long as it is within the law.

Uniform

A reminder that full school uniform must be worn at all times by all pupils. This includes PE kits. .

We have asked all staff to raise any uniform related issues with individual parents.

For more information, please visit our school website: <https://www.grdangel.bham.sch.uk/parents-information/uniform>



ATTEND TODAY, ACHIEVE TOMORROW



Attendance Counts

ATTEND TODAY, ACHIEVE TOMORROW



| Year Group | Attendance % |
|------------|--------------|
| EYFS | 93.3 |
| Year 1 | 89.0 |
| Year 2 | 89.7 |
| Year 3 | 95.5 |
| Year 4 | 89.7 |
| Year 5 | 87.3 |
| Year 6 | 84.2 |

Attendance Update

Schools can fine parents for the unauthorised absence of their child from school, where the child is of compulsory school age.

Guardian Angels have now had to fine 8 families following Birmingham City Council guidelines

If issued with a penalty notice, parents must pay £60 within 21 days or £120 within 28 days. The payment must be made directly to the local authority..

If the payment has not been made after 28 days, the local authority can decide whether to prosecute the parent.

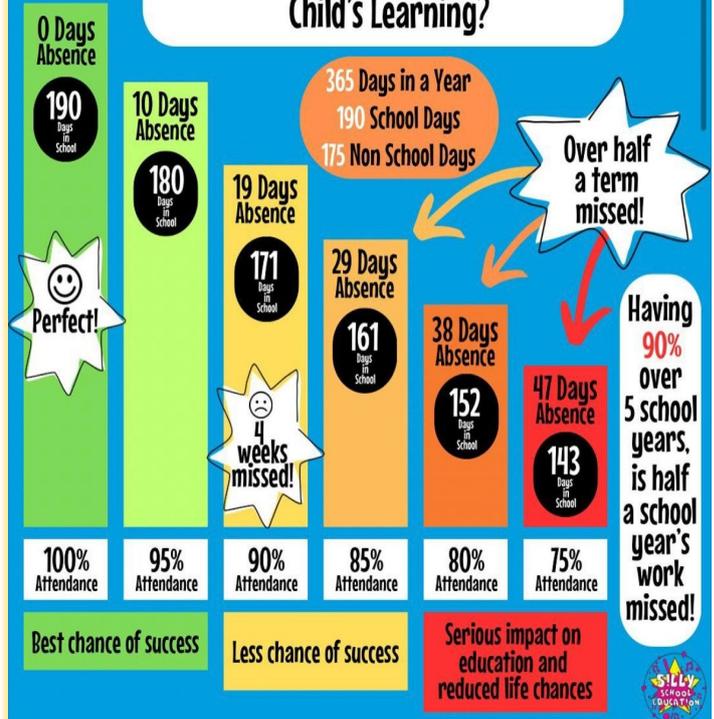
Attendance Support

Mrs Tennant and the attendance team are always available to offer advice and support to help ensure your child is able to attend every day and reach their full potential. To book an appointment, please call the office on: 0121 747 2782

Every Day Counts

Just before the holiday, all schools in England received a message from the Secretary of State for Education, outlining the concerns linked to attendance nationwide. Whilst our attendance has improved and the number of children below 90% attendance has decreased, there is still work to be done. Our teachers are providing an excellent education in every classroom, everyday - every day missed is a missed learning opportunity. Attendance will remain a huge focus for the whole school this year.

How Does School Attendance Affect a Child's Learning?





Safeguarding Tip of the Week

Children's Mental Health Week

This week was Children's Mental Health Week. This years theme is 'My Voice Matters'. My Voice Matters is about empowering children and young people by providing them with the tools they need to express themselves. When we feel empowered, there's a positive impact on our wellbeing

If you are worried about your child's mental health there are some useful websites out there that you can access.

<https://www.place2be.org.uk/>

<https://forwardthinkingbirmingham.nhs.uk/>

<https://www.annafreud.org/>

<https://www.youngminds.org.uk/>

9 MENTAL HEALTH ACTIVITIES TO DO WITH YOUR CHILDREN

- WORRY TIME** Set aside a time each day for your child worry. Discuss with your child how long the worry time will be for. In this time your child can write down their worries, discuss them with your or problem solve to overcome them.
- THOUGHT CHALLENGING** Help your child to write down any unhelpful thoughts they that experience. Try to challenge them with your child and come up with more realistic and helpful ones.
- BEING PRESENT** Help your child to be present and live in the moment. On for a walk and see how many different things you can both take in with all your senses.
- ACTIVITY PLANNING** Create an activity diary with your child and help them to schedule in some pleasurable and achievement related activities.
- TALKING ABOUT FEELINGS** Why not create a time each week where your child can speak to you about their thoughts and feelings.
- 3 GOOD THINGS** Before bed spend some time with your child to identify and write down three good things they achieved from the day.
- THOUGHT TESTING** Try setting out some simple activities to help your child test out the validity of a thought.
- WELLBEING** Support your child to look after their wellbeing. Cook healthy meals with them, exercise or play sport with them and make sure they are getting enough sleep.
- IMAGERY** Work with your child to imagine themselves in an imaginary future where everything has turned out in a positive way.

E- Safety Tip

Click on the image below to access a link about Life Online - What Grownups Just Don't Get!



Composer of the Week

Wk beg: 5.2.24

Ma Rainey

Pop – Blues



Born: 26 April 1886
Died: 22 December 1939
Nationality: American

Famous piece of music:
Runaway Blues

- Ma Rainey was an American singer who was known as the "mother of the blues" and who was recognized as the first great professional blues vocalist.
- She made her first public appearance about the age of 14 in a local talent show called "Bunch of Blackberries" at the Springer Opera House in Columbus.
- In 1902, in a small Missouri town, she first heard the sort of music that was to become known as the blues.
- In her travels she appeared with jazz and jug bands throughout the South.
- In 1923 Ma Rainey made her first phonograph recordings for the Paramount company. Over a five-year span she recorded some 92 songs for Paramount.
- She continued to sing in public into the 1930s.
- In 2007 a small museum opened in a house that she had built in Columbus for her mother; she lived there herself from 1935 until her death.
- Ma Rainey was inducted into the Blues Hall of Fame in 1983 and into the Rock and Roll Hall of Fame in 1990.

Weekly Prayer

Christ Jesus, you always looked after people who were sick or in need. Help us to be more like you and to care for others here and around the world.
Amen.

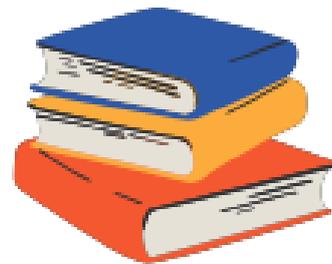
God Bless and we hope that you all have a lovely weekend.

Mrs Helen Milligan and Mr Spindlow





READING *Competition*



Y2-Y6 HAVE THE OPPORTUNITY TO WIN AN AMAZON FIRE TABLET!

TO BE WITH A CHANCE TO WIN, ALL YOU HAVE TO DO IS READ!
ONCE YOU HAVE FINISHED YOUR ZPD BOOK, LOG ONTO ACCELERATED READER
AND COMPLETE THE QUIZ.

The amount of quizzes taken (with a pass rate of 85% or higher) will determine the winner.

THE COMPETITION ENDS ON TUESDAY 19TH MARCH AND THE WINNER WILL BE ANNOUNCED ON FRIDAY 29TH MARCH.





Science Vocabulary for this Half Term

Year 1

| KEY VOCABULARY | |
|----------------|---|
| spring | the season, after winter , when the temperature begins to rise, plants begin to grow and animals come out from hibernation |
| summer | the warmest season, coming after spring , when the days are long because the sun rises earlier and sets later |
| autumn | the season, after summer, where the days get shorter , crops can be harvested and the leaves begin to fall from the trees |
| winter | the coldest season , trees are often bare and some animals hibernate; the days are shorter |
| rain gauge | a tool used to measure how much rain has fallen |
| thermometer | a tool used to measure the temperature |
| weather vane | a tool used to find out in which direction the wind is blowing |
| data | a collection of facts, often numbers , that can give us information |
| clouds | a cloud is a collection of tiny droplets of water in the sky ; when the droplets fall they become rain |
| flood | an overflow of water |
| hurricane | a powerful storm with strong winds |
| meteorologist | a scientist who studies the weather |

Year 2

| KEY VOCABULARY | |
|--------------------|--|
| electricity | electricity is a form of energy that helps to make things work |
| electrical current | the flow of electricity |
| electric shock | if we allow electrical current to flow through our bodies it can hurt us |
| circuit | a path which electricity flows around |
| battery | a store of energy |
| light bulb | a piece of equipment that converts electrical energy to light energy |
| switch | a piece of equipment that can make or break an electrical circuit |
| wire | a thin piece of metal (usually covered in plastic) that allows electricity to flow through it |
| conductor | an electrical conductor allows electricity to flow through it |
| insulator | an electrical insulator does not allow electricity to travel through it |

Year 3

| KEY VOCABULARY | |
|----------------|--|
| light | a type of energy that makes it possible for us to see and helps to support life on earth |
| dark | the absence of light (it is hard for us to see in the dark) |
| light source | something that makes light ; these can be natural or artificial (made by people) |
| transparent | a property of a material that allows light to travel through it (we can see through transparent things) |
| opaque | a property of a material that does not allow light through it (we cannot see through opaque things) |
| reflect | when light bounces back from a surface |
| shadow | a dark area created by an object blocking a light source |

Year 4

| KEY VOCABULARY | |
|----------------|--|
| habitat | the natural home or environment of an animal, plant, or other organism |
| producer | a living thing, usually a plant, which produces its own food |
| consumer | a living thing, usually an animal, which feeds on plants or other animals |
| decomposer | a living thing, usually a bacterium or fungus, which breaks down the cells of dead plants and animals into simpler substances |
| ecosystem | a system formed by the interaction of organisms with their environment |
| pollution | the introduction of harmful substances or products into the environment (pollution can damage ecosystems) |



Science Vocabulary for this Half Term

Year 5

| KEY VOCABULARY | |
|-----------------|--|
| life cycle | a series of changes in the life of a living thing , including reproduction |
| reproduction | the production of offspring by a living thing |
| interconnection | a connection between two or more things |
| mammal | a warm-blooded vertebrate that has live young and hair or fur |
| amphibian | a cold-blooded vertebrate that begins life underwater and develops the ability to breathe and live on land |
| metamorphosis | the process of transformation to adult form where a creature completely changes |
| hibernate | when a creature spends winter in a very deep sleep where they rest in a safe, often dark place, to survive the cold |
| incubate | when a creature sits on eggs to protect them and keep them warm before they hatch |
| larva (larvae) | very young insects or amphibians , before they transform into adults, e.g., caterpillar |

Year 6

| KEY VOCABULARY | |
|--------------------|---|
| electricity | electricity is a form of energy ; we can control it and use it |
| electrical current | the flow of electricity |
| electric shock | when electricity flows through the human body causing a shock ; exposure to electrical energy can be dangerous, resulting in damage or death |
| circuit | a path which electricity flows around |
| battery | a store of energy , also known as a cell |
| light bulb | a component that converts electrical energy to light energy |
| switch | a component that can make or break an electrical circuit |
| wire | a thin piece of metal covered in plastic that conducts electricity |
| conductor | materials that allow electricity to pass through them are called conductors |
| insulator | materials that do not allow electricity to pass through are called insulators |

Vocabulary is a strong indicator of reading success. We know from research that the size of a child's vocabulary is the best predictor of success on future tests. Children with a poor vocabulary at five are four times more likely to struggle with reading in adulthood.

At Guardian Angels, we also know that a good understanding of a wide range of vocabulary supports success across the whole national curriculum. Therefore pupils are regularly taught new vocabulary in all areas of the curriculum.

Please spend some time looking at this science subject specific vocabulary with your children.